

ACADEMY FOR URBAN LEADERSHIP CHARTER HIGH SCHOOL  
HEALTH 2: GRADE 10

MONTH/MARKING PERIOD	WEEKS 1-3	WEEKS 4-6	WEEKS 7-9
2009 NJCCCS	2.3.12.B.1 2.3.12.B.2 2.3.12.B.3 2.3.12.B.4 2.1.12.D.3	2.3.12.B.1 2.3.12.B.2 2.3.12.B.4	2.3.12.A.1 2.3.12.A.2 2.3.12.A.3 2.3.12.B.5 2.1.12.D.3
ESSENTIAL QUESTION	<ol style="list-style-type: none"> <li>1. What are 3 major factors that cause teens to drink?</li> <li>2. What effect does alcohol have on the body?</li> <li>3. What are some long term risks of alcohol?</li> <li>4. What are some steps to take when choosing not to drink?</li> </ol>	<ol style="list-style-type: none"> <li>1. What are some reasons teens use tobacco?</li> <li>2. What dangerous chemicals are used in tobacco products?</li> <li>3. What are the long term risks of tobacco use?</li> <li>4. How can we say no to smoking?</li> </ol>	<ol style="list-style-type: none"> <li>1. How can drugs affect the body and your life?</li> <li>2. What are some factors that affect drug abuse?</li> <li>3. What are some commonly abused drugs?</li> <li>4. How can we chose to be drug free?</li> </ol>
CONTENT	Alcohol	Tobacco	Other drugs & Prescription Drugs
SKILLS & TOPICS	<ol style="list-style-type: none"> <li>1. Facts about Alcohol,</li> <li>2. Teens and Alcohol,</li> <li>3. Physical and Behavioral Effects,</li> <li>4. Blood Alcohol Concentration,</li> <li>5. Life-Threatening Effect,</li> <li>6. Damage to the Body,</li> <li>7. Alcoholism,</li> <li>8. Treating Alcoholism,</li> <li>9. Abstaining from Alcohol,</li> <li>10. Avoiding High Pressure Situations</li> </ol>	<ol style="list-style-type: none"> <li>1. Why teens use Tobacco,</li> <li>2. Tobacco Products,</li> <li>3. Nicotine and the Body,</li> <li>4. Other Dangerous Chemicals,</li> <li>5. Long Term Risks,</li> <li>6. Respiratory Diseases,</li> <li>7. Cardiovascular Disease,</li> <li>8. Cancer,</li> <li>9. Secondhand Smoke,</li> <li>10. Tobacco Use and Pregnancy,</li> <li>11. Avoiding Tobacco Use,</li> <li>12. Benefits of Quitting,</li> <li>13. Tips for Quitting</li> </ol>	<ol style="list-style-type: none"> <li>1. Facts About Drug Use,</li> <li>2. Drug Abuse and the Brian,</li> <li>3. Dangers of Drug Misuse and Abuse,</li> <li>4. Legal Risks and Other Costs,</li> <li>5. Risk Factors,</li> <li>6. Protective Factors,</li> <li>7. Depressants,</li> <li>8. Stimulants,</li> <li>9. Hallucinogens,</li> <li>10. Marijuana,</li> <li>11. Club Drugs, Inhalants, and Steroids,</li> <li>12. Treating Drug Abuse,</li> <li>13. Staying Drug Free</li> </ol>

ACADEMY FOR URBAN LEADERSHIP CHARTER HIGH SCHOOL  
HEALTH 2: GRADE 10

INTEGRATION OF TECHNOLOGY	<ol style="list-style-type: none"> <li>1. Power Points</li> <li>2. Internet, Web Quests, wireless laptop computers, SMART Boards, electronic journal entries, YouTube, prezis, VoiceThread, video streaming, podcasting</li> </ol>	Power Points Internet, Web Quests, wireless laptop computers, SMART Boards, electronic journal entries, YouTube, prezis, VoiceThread, video streaming, podcasting	Power Points Internet, Web Quests, wireless laptop computers, SMART Boards, electronic journal entries, YouTube, prezis, VoiceThread, video streaming, podcasting
ASSESSMENT	Chapter Test Journal Writing	Chapter Test Journal Writing	Chapter Test Journal Writing Final Exam
RESOURCES	Prentice Hall Health Book	Prentice Hall Health Book	Prentice Hall Health Book