

Welcome TO AUL:

Health Office

Fall 2018

Important Information

About the AUL campuses

Hello Welcome Back!

Hope the summer has left you and your family well rested and ready to embark on this new pathway in education. I would like to take this time to introduce to you our health offices.

As you may know, AUL is composed of two campuses (Middle School Campus and High School Campus) with three buildings. Each campus has a Registered Nurse that provides care in the health office.

We strive to maintain an open door policy not only with our students but also our families in the community. If you should have any questions please feel free to contact the nurse at your respective campus or myself Nurse Jackie at 848-203-3742 extension 106.

I look forward to a successful school year with both your child and your family.

*COMING together is a BEGINNING;
KEEPING together is a PROGRESS;
WORKING together is SUCCESS!*

-Henry Ford



Important Flu Information

Handwashing is key

Flu virus is most common in the fall and winter months. There are some things that you can do prior to the start of "flu season" that might aid in preventing catching the flu.

Signs and symptoms of the flu are: Fever/chills, cough, sore throat, runny or stuffy nose, muscle or body aches, headaches, fatigue (tiredness), vomiting and diarrhea, although this is more common in children than adults

Proper handwashing, boosting your immune system by eating foods rich in Vitamin C, avoiding close contact, getting plenty of sleep and avoiding stress are just some ways to assist in prevention of getting the flu.

Most importantly if you think you are sick **STAY HOME!**

Medication Administration Information

MD ORDER REQUIRED EACH SCHOOL YEAR

If your child requires medication both prescribed and/or over the counter during school hours a *Medication Administration* form from the health office **MUST** be signed and dated by both the prescribing physician as well as the parent/guardian. The completed form **MUST** be returned to the health office to ensure proper administration. Any student found with unauthorized medication risks facing disciplinary consequences.

This forms is to be completed **EACH** school year, as physician orders might change over time. If you should have any questions or need more information please feel free contact the nurse of your respective location as they will be happy to assist you.

Asthma Action Plan, Food Allergy Action Plan, and Seizure Management Plan.

Please Return All Documentation ASAP!

To ensure the safety of not only your student but other students and faculty members it is important that you supply the health office with the emergency management guidelines as well as the required medication with the physicians order. These documentation can be found on the school website under the Health Office tab or in the health office at the respective location.

All Action Plans/Management Plans **MUST** be filled out and signed by a physician as well as by the parent.

Let us help to maintain order in a uncontrollable event by ensuring that the medication needs is readily available.

If you should require additional information or assistance please feel free to contact your campus health office.

